## IHP Diabetes T2 Student Name: DOB: Grade: Prepared by **RN** - District Nurse Parent and Emergency Contact Information: Parent/Guardian contacts: Emergency Contact: Physician Name: Number: Fax: Type 2 Diabetes is a metabolic disease in which the body cells do not respond appropriately to the insulin produced and released by the pancreas. This is a condition known as insulin resistance. Blood glucose values rise to unsafe levels that can cause the student to feel unwell and can also lead to complications over time due to damage caused by elevated blood sugars. Type 2 diabetes tends to run in families and has become more prevalent due to our increase in body mass and inactivity. Students with Type 2 diabetes are encouraged to eat a healthy diet and increase activity. Some students may take oral medications, and/or basal insulin or other injectable medication. Insulin Basal (long acting) Type and dosage: \_\_\_\_\_ Taken at Home ☐ Taken at School ☐ Taken at Home ☐ Taken at School ☐ Other injectable medication (that is not insulin): \_\_\_\_\_\_ Oral medication(s) Type and dosage: \_\_\_\_\_\_ Taken at Home ☐ Taken at School ☐ Will the student check blood glucose during the school day? No $\ \square$ Yes $\ \square$ If yes, when? \_\_\_\_\_ Where? \_\_\_\_\_ Does the student use any technology (for example CGM)? Is the student at risk for hypoglycemia? No. Yes. If yes, low treatment regimen? Treatment for Hyperglycemia (greater than 250 BG) How does the student treat hyperglycemia during the school day? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parental Notification Preference:

Where will supplies be kept?

Phone Call: Text: Email:

Student to self-carry

When should parents be contacted?

Student reminder: Document in "My Chart" from their phone

## **Notify Parents:**

•

## **CALL 911:**

With all emergencies

<u>FIELD TRIPS:</u> The current HCP should accompany the student on all field trips. Supervising Staff will review this Student Health Plan. Trained and delegated staff will provide necessary health interventions as identified by the Student Health Plan. Parents will be notified before field trips.

Supplies to be kept in health room

2023-2024 IHP Diabetes T2 Student Name:		Grade:	DOB:
Prepared by		RN - District Nurse	
Student has a 504 Yes □ No □	Student has an IEP Yes □	No □	
What health supports does this student need in Follow IHP +	an emergency setting such as a lo	ockdown?	
What health supports does the student need <b>ou</b> (Include before and after school, athletics, field			
<u>Personal Care Services</u> (Individual Support Para	a) or these functions: ICD-10 Code	– <b>E889</b> (metabolic dis	order otherwise unspecified)
Specific task: example: CGM/BG check, insulin Scope: Follow IHP instructions for care Duration: As needed to support student care Frequency: As needed to support student care		of high and low BG,	following IHP
Date Care plan sent to parent for review:			
RN District Nurse	School Health Aide	Date	
Phone Number			
Additional Information: Chronic Hyperglycemi Current A1C:	•		